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# Fulfilling Purpose with a capital ‘P’

*Royce Morales has devoted her life to that high calling*

**BY TIM WILCOX**

It’s fortunate for Royce Morales that she doesn’t feel the need to report her various titles/roles whenever she introduces herself or her name appears in print. That would be unwieldy for someone who’s a transformational facilitator, author, blogger, speaker, TV/radio host and YouTube creator. But she *is*, in fact, all of these and more. Fortunately, too, she “wears” them like a light and colorful cloak, without a trace of pretense or self-importance.

Royce is an L.A. native who lived in the South Bay community of Lomita for many years. She and her husband, Michael, ran a pioneering store and gallery in nearby Redondo Beach specializing in earth-friendly, handmade items that served an increasingly aware and appreciative clientele for 21 years. Royce also founded and taught in her spiritual center in the same community, while Michael was a skilled massage therapist.

Everything changed in 2014 when Michael suffered a massive stroke. Recognizing the imperative to write a whole new shared chapter, the couple closed up shop in the South Bay, purchased a charming home in Rimforest and settled into what’s clearly their mountain ashram.

“I can’t imagine living in the city again,” said Royce. “We just love it up here, though we *do* find winters challenging.”

Fortunately, Michael now undergoes physical therapy in a Rimforest location, so no arduous trips way down the hill are necessary. (Read about his journey to recovery and new role as a visual artist in the December 22 edition of *Mountain News*.)

## **SPIRITUAL TEACHER**

Besides being her husband’s primary caregiver and cheerleader, Royce is a spiritual teacher of substantial standing. She graduated from Cal State Northridge with a bachelor’s degree in art in the mid-1970s. But Royce realized that she was uncomfortable catering to people’s erratic tastes—a feeling that was augmented when she pursued interior design for a number of years.

“Almost accidentally, I fell into teaching,” she confides. “I’d been a seeker my entire life, asking questions that no one could answer. I religion hopped and philosophy hopped and self-development hopped. Everything worked for a while, but nothing really stuck.”

Then someone who was aware of Royce’s spiritually sensitive and searching nature, asked if she would teach her. Royce was surprised but answered, somewhat reluctantly, “Sure and bring your friends.” She did.

Royce remembers that day, some 42 years ago, with crystalline clarity:

“When 10 people arrived in my living room to hear me teach my own spiritually based course, I didn’t have much new material to offer. It was a rehashed consolidation of my years of study along with two requirements—*evidence* and *applicability to everyday life*. They listened with rapt attention, ignoring my trembling voice and constant throat clearing.”

In a later session, one student posed a blunt but appropriate question after Royce had shared a menu of spiritual concepts: “That’s all good and well, but *how do you get there?*”

Royce realized immediately that his question echoed her own lifetime struggles. She recalls that “before I could shrug my shoulders and say, *who knows?* words began to pour out, channeled from somewhere, explaining exactly how to get there. I was clueless as to what those words meant, but knew I had to trust this important arriving information.

“Just as spontaneously, I offered to demonstrate how to get there, using a willing student as my volunteer guinea pig,” Royce continues. “I don’t know who was more nervous as I followed this inner guidance, step-by-step. Leading her into a meditative state, I asked her to find the source of a particular issue she had been struggling with. Within minutes, she remembered a specific incident. Emotions bubbled up as though she was reliving it. She realized that what she had decided about herself, others and life had become her inner programming, setting the stage for her repetitious issue.”

Royce pauses pensively, as if to bring those formative moments into sharp focus, then adds: “I was then instructed to have her address what had happened as a spiritual lesson. Once she got the deeper meaning, we both felt the energy of what she had been carrying lift off like a freed balloon. When she opened her eyes, she saw an astonished group of students wiping away their own tears. Her teacher was even more astonished.”

And the life-changing epiphany: “It was one of those *duh* moments. Clearly, getting to the roots of subconscious programming was the key to resolving issues!”

#### FOUR DECADES’ FOCUS

That has been her teacher/mentor’s focus for the past four decades. COVID forced a transition from in-person teaching to remote classes. So these days Royce’s weekly “Perfect Life Awakening” courses are conducted via Zoom, with an hour lecture to begin followed by group discussion and guided inner work. She also broadcasts from home a radio/TV program that airs at 9 a.m. (PST) on the first and third Wednesday of each month on OM Times Media. Appropriately, it’s called “The Perfect Life Awakening Show.”

There’s more. . . . She’s the author of three books—*Want: True love, past lives and other complications*, *Know: A spiritual wake-up call* and *Back: Rebirth after stroke*. These volumes are available on Amazon. And while Royce prefers teaching on interactive media, “because students always have questions and the work goes deep,” some of her information is also available on YouTube.

All of this is a calling—a *vocation* in the fullest sense of the word.

“It feels to me like a Purpose with a capital P,” says Royce. Then an ironic confession: “When I was in college, someone I was dating asked me, ‘So what do you want to be when you grow up?’ I answered immediately, ‘One thing I know for sure, I will *never* be a teacher!’ I was deathly shy at the time.”

Not any more! Her classes and writings and overall wisdom have made and continue to make a real difference in people’s lives.

Most gratifying for Royce about fulfilling her Purpose is “when people get it, when the light bulb goes on and they understand why their life feels so stuck.” That’s the essential first step in moving beyond barriers to authentically fruitful, empowered and rewarding living.

*For more information about “Perfect Life Awakening,” available courses and Royce herself, visit [www.RoyceMorales.com](http://www.RoyceMorales.com).*